

## TUG-OF-WAR.

### GENERAL REGULATIONS.

1. The competitions will be arranged by the Olympic Sub-Committee for the Tug-of-War.
2. The competitions shall be confined to amateurs in accordance with the following definition:  
An amateur is one who has never:
  - a) competed for a money prize or a monetary consideration, or in any way drawn pecuniary gain from the exercise of his sport;
  - b) competed against a professional;
  - c) taught in any branch of athletics for payment;
  - d) sold, pawned, hired out, or exhibited for payment any prize won in a competition.

### Special Rules.

a) The rope shall be of such a length as to allow of a "pull" (free space in the middle of the rope extending from the central tape as far as to the outer coloured tapes mentioned below) of 3.5 metres; a "slack" of 3.5 metres at each end, and a space of 1.25 metres for each competitor in the teams. The rope shall be at least 10 centimetres in circumference, and shall have no knots or other holds for the hands.

A coloured tape shall be affixed to the middle of the rope, with two other tapes of another colour fastened, one on each side, at a distance of 1.75 metres from each side of the central tape. Into the ground there is driven a central peg and, in a straight line with, and on each side of this (i. e., in front of it and behind it), two other pegs which are to mark the position of the side-lines, which shall be at right angles to the direction of the pulling and at a distance of 1.75 metres from an imaginary line drawn through the centre peg. At the start, the rope shall be taut, with the central tape over the central peg, and all the competitors shall stand behind the side-lines.

Only such ropes shall be used as are provided by the Swedish Olympic Committee.

- b) The start shall take place on the following words of command:  
"Fatta linan!" (Take Hold!)  
"Färdiga!" (Ready!)  
"Kör!" (Pull!)

The first position of two opposing teams shall be decided by lot; for the second bout the teams shall change places. Should a third pull be necessary, the positions will again be decided by means of drawing lots.

The pull shall be won by that team that succeeds in drawing its opponent's side-tape over the first-named team's "side-line", or in pulling one member of the opposing team past the central mark.

No competitor shall wear boots or shoes with sharp, projecting sides or points of any kind whatsoever. No kind of spiked shoes or boots shall be used, nor may the soles have any kind of projecting additions.

Heel-irons are permitted on the shoes or boots, but they shall be so sunk in the heel that the bottom of the heel on the boot or shoe shall be perfectly smooth and hard.

All foot-gear (shoes and boots) shall be submitted to the approval of the leader of the competition before the beginning of the competition.

Holes in the ground shall not be made before the start.

c) The *pulling* shall take place with the front side of the body turned towards the opposing team and with the rope under the arm; the body shall not be turned from this front position to such a degree that the line of the shoulders passes beyond an imaginary line parallel to the rope. Some exception to this latter rule may be made for the "anchor", however.

The "anchor" may hold the slack of the rope in any way he pleases, as long as it is not knotted round his waist.

*Turning* is not permitted.

A competitor shall not wilfully touch the ground with any part of his body except the feet.

From the moment the final word of command is given, both the feet of a competitor may not leave the ground at the same time.

d) No team shall have the right to be captained during the competition by any leader not forming one of the team.

e) There shall be an interval of 5 minutes between the different bouts taking place in one and the same competition between two teams. A team which has already competed shall not take part in a fresh competition before the expiration of 30 minutes after its last pull.

f) The competitions shall take place in such a manner that all the teams shall meet each other.

In each heat, that team shall be the victor which has won two pulls.

g) The competitions shall take place on sandy ground.